

Rialto Unified School District

May 1, 2024 thru May 3, 2024

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 05/01/2024																
PRESCHOOL	Total	1000														
TACO Walkin,Beef,- '22	1.5 oz	1000	387	33	697	4.42	2.32	81.4	807	6.24	*3	13.98	30.5	23.06	5.40	*0.00
SALAD 3/WAY, '23	servings	2000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
GRAPES,Fresh	serving	900	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
DRESSING, RANCH 1oz. '23	ounces	100	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			594	49	881	5.79	2.99	452.8	7288	20.31	*31	26.66	66.30	26.66	7.13	*0.00
% of Calories											*21.0%	17.9%	44.6%	40.4%	10.8%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Thu - 05/02/2024																
PRESCHOOL	Total	1000														
PIZZA,Chse,Wh.Gr4X6-'23	1 EACH	1000	300	25	440	4.00	2.30	263.0	40	0.0	8	16.0	34.0	11.0	5.00	0.00
FRUIT MIX, Extra Light Syb PS	serving	1000	40	0	2	0.50	0.00	0.0	100	0.6	8	0.0	9.0	0.0	0.00	0.00
CARROT PS, sticks	Serving	2500	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
DRESSING, RANCH .50oz	Servings	500	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			476	42	625	4.51	2.31	617.4	640	3.04	30	27.13	59.49	15.28	6.80	*0.00
% of Calories											24.9%	22.8%	50.0%	28.9%	12.8%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 05/03/2024																
PRESCHOOL	Total	1000														
Penne, Alfredo, Chicken CK '23	3/4 CUP	1000	201	35	521	6.36	1.19	157.3	90	0.77	*1	15.62	22.56	4.89	1.70	*0.06
BROCCOLI,raw: fresh	Serving	900	15	0	15	1.18	0.33	21.4	283	40.59	1	1.28	3.02	0.17	0.05	0.00
GRAPES,FreshPS	Serving	900	15	0	0	0.21	0.07	3.2	23	0.92	4	0.14	3.94	0.08	0.03	0.00
DRESSING, RANCH	1 oz	900	65	6	150	0.03	0.02	18.0	1	0.16	*1	0.52	2.01	7.1	1.19	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			407	55	820	7.63	1.57	545.7	867	40.67	*20	28.37	46.64	14.01	4.34	*0.06
% of Calories											*19.2%	27.9%	45.9%	31.0%	9.6%	*0.1%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			492	48	775	5.98	2.29	538.6	2932	21.34	*27	27.39	57.48	18.65	6.09	*0.02
											*49.0%	22.2%	46.7%	34.1%	11.1%	*0.0%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

May 6, 2024 thru May 10, 2024

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 05/06/2024																
PRESCHOOL	Total	1000														
BURRITO,TKY BEAN & CHSE-2 017	SERVING	1000	453	25	609	10.87	*3.62	*299.7	273	*1.58	*4	21.95	58.45	15.36	4.93	*0.00
SALAD 3/WAY, '23	servings	1000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
Pears, In Extra Light Syrup PS	serving	1000	30	0	2	1.00	0.00	0.0	30	0.6	6	0.0	8.0	0.0	0.00	0.00
DRESSING, RANCH .50oz	Servings	1000	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			647	43	836	12.19	*3.84	*662.5	3753	*8.82	*25	33.75	86.14	21.43	7.03	*0.00
% of Calories											*15.6%	20.9%	53.2%	29.8%	9.8%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 05/07/2024																
PRESCHOOL	Total	900														
CORN DOG, CHX '22	1 EACH	900	239	40	692	2.31	1.41	25.1	120	0.0	8	11.67	27.9	9.23	2.51	0.00
BEANS, BLACK SEASONED-PS 2018	1/4 CUP	500	63	0	162	4.75	1.34	26.0	24	2.08	*0	4.16	11.5	0.21	0.06	*0.00
BANANAS	EACH	900	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
CATSUP	.5 oz	100	17	0	125	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.34	0.0	0.00	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	900	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			486	55	947	7.57	2.41	394.6	698	12.34	*34	26.08	73.72	12.18	4.15	*0.00
% of Calories											*28.0%	21.5%	60.7%	22.6%	7.7%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 05/08/2024																
PRESCHOOL	Total	1000														
TERIYAKI BEEF DUNKERS	SERVING (4each)	1100	159	39	382	0.60	1.60	14.0	49	0.0	9	13.6	11.7	6.5	2.60	0.00
RICE, ORIENTAL-BROWN RIC E-2014	1/2 CUP	1000	97	1	133	1.12	0.44	2.9	1	0.44	*0	2.79	19.61	0.98	0.04	0.00
BROCCOLI,raw: fresh	Serving	1300	15	0	15	1.18	0.33	21.4	283	40.59	1	1.28	3.02	0.17	0.05	0.00
GRAPES,Fresh	serving	1300	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
DRESSING, RANCH .50oz	Servings	1000	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00

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# Rialto Unified School District

May 6, 2024 thru May 10, 2024

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			525	62	791	4.41	2.99	421.7	1044	60.46	*45	31.42	73.91	14.81	5.20	*0.00
% of Calories											*34.2%	24.0%	56.3%	25.4%	8.9%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Thu - 05/09/2024																
PRESCHOOL	Total	720														
Popcorn Chicken-Wh.Grain 2021	Serving	720	207	47	400	2.00	0.36	160.0	112	1.0	1	14.0	13.0	11.0	2.00	0.00
POTATO,MASHED,IDAHO REA L 2020	Servings	720	23	0	91	0.26	0.08	8.6	1	0.0	0	0.52	4.65	0.13	0.00	0.00
Raisels, Variety	servings	720	140	0	2	1.00	0.81	19.3	137	74.33	27	1.0	34.67	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	720	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			490	62	643	3.26	1.25	538.0	750	77.73	43	26.52	68.32	13.63	3.50	0.00
% of Calories											34.8%	21.6%	55.7%	25.0%	6.4%	0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 05/10/2024																
PRESCHOOL	Total	1000														
FISH STICKS, POLLOCK -2013	SERV.(4 sticks)	1000	210	55	290	3.00	1.44	60.0	0	0.0	0	18.0	23.0	5.0	0.50	0.00
POTATO FROZEN,FRNCH-2021	SERVING	1000	120	0	40	1.00	0.72	0.0	0	0.0	0	2.0	20.0	3.5	0.50	0.00
APPLES,Fresh 2017 .50 CUP	SERVING	1800	28	0	1	1.31	0.07	3.3	29	2.51	6	0.14	7.53	0.09	0.02	0.00
CATSUP	1 oz	1000	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			534	70	748	6.35	2.28	415.9	720	8.91	31	31.25	80.89	11.17	2.53	0.00
% of Calories											23.1%	23.4%	60.5%	18.8%	4.3%	0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			536	58	793	6.76	*2.55	*486.5	1393	*33.65	*35	29.81	76.59	14.64	4.48	*0.00
											*59.5%	22.2%	57.1%	24.6%	7.5%	*0.0%

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Rialto Unified School District

May 13, 2024 thru May 17, 2024

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 05/13/2024																
PRESCHOOL	Total	720														
MACARONI AND CHEESE '22	1/2 CUP	720	304	45	1252	0.47	0.50	693.6	2239	0.53	*5	25.1	20.89	13.87	9.08	*0.00
Roll, dinner,wh.wheat Galassos	1 each	720	80	0	149	1.00	1.00	47.8	10	0.0	2	2.99	15.94	1.0	0.00	0.00
SALAD 3/WAY, '23	servings	720	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
Pears, In Extra Light Syrup PS	serving	720	30	0	2	1.00	0.00	0.0	30	0.6	6	0.0	8.0	0.0	0.00	0.00
DRESSING, RANCH .50oz	Servings	200	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	720	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			555	60	1581	2.78	1.72	1097.8	5728	7.72	*28	39.71	63.80	18.38	10.75	*0.00
% of Calories											*20.0%	28.6%	46.0%	29.8%	17.4%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 05/14/2024																
PRESCHOOL	Total	1000														
CHICKEN PATTY,WG/HMSTL B UN2015	1 EACH	900	334	33	648	5.00	3.80	100.0	95	87.0	3	22.0	42.0	10.0	2.00	0.00
BARBECUE BEANS -2018 PS	Servings	900	97	0	391	3.38	1.03	31.7	153	0.75	*5	4.02	22.75	0.31	0.06	*0.00
BANANAS	1 EACH	900	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
CATSUP	1 oz	900	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	900	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			607	43	1311	9.91	4.58	438.0	881	90.85	*37	34.31	100.94	11.83	3.30	*0.00
% of Calories											*24.1%	22.6%	66.5%	17.5%	4.9%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 05/15/2024																
PRESCHOOL	Total	1000														
BURRITO,TKY BEAN & CHSE-2 022	SERVING	1000	502	42	990	13.05	4.36	362.3	328	6.87	*4	24.73	60.85	18.89	7.08	*0.00
SALAD 3/WAY, '23	servings	900	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
GRAPES,FreshPS	Serving	900	15	0	0	0.21	0.07	3.2	23	0.92	4	0.14	3.94	0.08	0.03	0.00
DRESSING, RANCH	1 oz	400	65	6	150	0.03	0.02	18.0	1	0.16	*1	0.52	2.01	7.1	1.19	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			673	60	1209	13.53	4.62	726.0	3503	13.92	*22	36.56	83.63	24.33	9.09	*0.00
% of Calories											*13.0%	21.7%	49.7%	32.6%	12.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

May 13, 2024 thru May 17, 2024

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Thu - 05/16/2024</b>																
PRESCHOOL	Total	1000														
ITALIAN PASTA BAKE 2021	servings	1000	237	35	680	8.89	3.06	149.6	735	11.2	*5	15.87	26.75	7.34	3.08	*0.00
SALAD 3/WAY, '23	servings	900	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
PEACHES, Diced XtraLite Syp PS	serving	900	30	0	5	0.00	0.00	0.0	150	0.6	0	0.0	7.0	0.0	0.00	0.00
DRESSING, RANCH	1 oz	900	65	6	150	0.03	0.02	18.0	1	0.16	*1	0.52	2.01	7.1	1.19	*0.00
MILK, 1% HOLLANDIA 2017	1 EACH	900	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			442	54	962	9.19	3.27	484.4	3976	17.80	*19	26.73	51.68	16.01	5.50	*0.00
% of Calories											*17.2%	24.2%	46.8%	32.6%	11.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
<b>Fri - 05/17/2024</b>																
PRESCHOOL	Total	720														
Grinder, turkey&cheese-EI-2017	1 EACH	720	296	42	1147	3.00	1.89	248.1	175	0.0	*3	26.08	34.09	8.47	2.56	*0.16
SALAD 3/WAY, '23	servings	720	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
APPLES, Fresh sliced 2017 2oz	pkg. (2oz)	720	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	720	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% HOLLANDIA 2017	1 EACH	720	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			532	64	1447	5.34	2.31	631.1	3675	130.33	*25	38.18	62.90	18.60	5.34	*0.16
% of Calories											*18.5%	28.7%	47.3%	31.5%	9.0%	*0.3%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average			562	56	1302	8.15	3.30	675.5	3553	52.13	*26	35.10	72.59	17.83	6.80	*0.03
											*41.6%	25.0%	51.7%	28.6%	10.9%	*0.1%

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# Rialto Unified School District

May 20, 2024 thru May 24, 2024

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Mon - 05/20/2024																
PRESCHOOL	Total	720														
Nacho Delx W/ 3bnCHILI, chz2023	SERVING	720	461	30	520	9.22	5.07	311.5	802	3.57	*2	14.75	51.05	21.82	8.04	*0.00
CELERY STICKS 2021	serving	720	16	0	89	1.78	0.22	44.6	500	3.45	1	0.77	3.31	0.19	0.05	0.00
Pears, Fresh sliced PS .25 cup	serving	720	20	0	0	1.09	0.06	3.2	9	1.51	3	0.13	5.33	0.05	0.01	0.00
DRESSING, RANCH 1oz. '23	ounces	310	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
Salsa, LaVictoria 2017 2oz	Serving	720	19	0	340	0.00	0.00	0.0	9	6.8	2	0.0	3.78	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	720	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			665	48	1160	12.10	5.37	717.4	1821	17.80	*23	26.88	80.38	27.84	10.15	*0.00
% of Calories											*13.7%	16.2%	48.3%	37.7%	13.7%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 05/21/2024																
PRESCHOOL	Total	720														
ENCHILADA, GREEN CHICKEN 2017	6.25 OUN CE	720	182	44	769	1.10	1.31	83.1	60	5.44	2	10.59	19.83	7.36	1.31	*0.00
SALAD 3WAY, '23	servings	720	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
GRAPES,FreshPS	Serving	720	15	0	0	0.21	0.07	3.2	23	0.92	4	0.14	3.94	0.08	0.03	0.00
DRESSING, RANCH .50oz	Servings	720	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	720	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			362	62	995	1.63	1.60	449.1	3532	13.01	20	22.54	43.45	13.51	3.44	*0.00
% of Calories											22.4%	24.9%	48.1%	33.6%	8.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 05/22/2024																
PRESCHOOL	Total	1000														
TACO Beef Crumbles- '22	1.5 oz.	600	144	32	441	2.42	1.92	35.1	796	6.24	*3	11.78	6.47	7.76	3.23	*0.00
Tortilla, Ultra Grain 6"-2014	1 Each	600	90	0	84	2.00	0.90	50.0	0	0.0	0	3.0	15.0	2.0	0.00	0.00
TOMATOES, GRAPE-2023	1/2 CUP	2000	13	0	4	0.89	0.20	7.5	621	10.21	2	0.66	2.9	0.15	0.02	0.00
APPLESAUCE, UNSWEETNED PS	serving	2000	26	0	1	0.67	0.14	2.4	18	0.61	6	0.1	6.87	0.06	0.00	0.00
DRESSING, RANCH	1 oz	600	65	6	150	0.03	0.02	18.0	1	0.16	*1	0.52	2.01	7.1	1.19	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			497	53	715	5.80	2.39	781.7	2755	30.27	*45	32.70	65.63	15.54	5.70	*0.00
% of Calories											*36.5%	26.3%	52.8%	28.1%	10.3%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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# Rialto Unified School District

May 20, 2024 thru May 24, 2024

Base Menu Spreadsheet

PRESCHOOL

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Thu - 05/23/2024</b>																
PRESCHOOL	Total	1000														
Pozole, Red Turkey'22 CK	14 oz	1000	157	26	1313	2.22	1.60	19.8	628	2.11	*1	12.02	17.28	3.9	1.57	*0.00
TORTILLA CHIPS-2021	SERVING.	1000	280	0	200	6.00	3.60	80.0	200	0.0	*N/A*	4.0	38.0	12.0	2.00	0.00
CABBAGE, SHREDDED	Serving	1000	13	0	9	1.31	0.25	21.0	51	19.22	2	0.67	3.05	0.05	0.02	0.00
PEACHES, Diced XtraLite Syp PS	serving	4000	30	0	5	0.00	0.00	0.0	150	0.6	0	0.0	7.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	900	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			678	39	1678	9.53	5.45	435.8	1930	25.89	*15	26.59	100.73	18.20	4.94	*0.00
% of Calories											*9.0%	15.7%	59.4%	24.2%	6.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
<b>Fri - 05/24/2024</b>																
PRESCHOOL	Total	1000														
Chicken Tenders, WG 2017	Serving	900	184	34	383	2.00	2.00	20.0	84	87.0	0	15.0	13.0	8.0	2.00	0.00
CARROT, sticks '22	Serving	1100	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
APPLES,Fresh 2017 PS .25 CUP	SERVING	1100	14	0	0	0.65	0.03	1.6	15	1.25	3	0.07	3.76	0.05	0.01	0.00
DRESSING, RANCH	1 oz	900	65	6	150	0.03	0.02	18.0	1	0.16	*1	0.52	2.01	7.1	1.19	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	900	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			347	50	615	2.55	1.86	351.0	543	81.98	*16	23.94	32.05	15.89	4.23	*0.00
% of Calories											*18.8%	27.6%	36.9%	41.2%	11.0%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average			510	50	1032	6.32	3.33	547.0	2116	33.79	*24	26.53	64.45	18.20	5.69	*0.00
											*42.4%	20.8%	50.6%	32.1%	10.0%	*0.0%

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**Rialto Unified School District**

**May 27, 2024 thru May 31, 2024**

Base Menu Spreadsheet

**PRESCHOOL**

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 05/27/2024																
PRESCHOOL HOLIDAY	Total SERVING	1														
		1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 05/28/2024																
PRESCHOOL	Total	720														
Hamburger w/Wheat Bun-2014 EL	1 EACH	720	271	38	590	3.40	3.20	91.0	34	0.0	4	20.6	32.0	8.8	3.00	0.00
CELERY STICKS 2021	serving	720	16	0	89	1.78	0.22	44.6	500	3.45	1	0.77	3.31	0.19	0.05	0.00
Pears, Fresh sliced PS .25 cup	serving	720	20	0	0	1.09	0.06	3.2	9	1.51	3	0.13	5.33	0.05	0.01	0.00
DRESSING, RANCH .50oz	Servings	720	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
CATSUP	.5 oz	720	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	720	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			476	56	1049	6.33	3.56	500.1	1133	8.13	27	32.93	62.29	15.11	5.15	*0.00
											22.9%	27.7%	52.3%	28.6%	9.7%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 05/29/2024																
PRESCHOOL	Total	720														
Chicken,Tangerine-2014	SERV	720	190	45	380	2.00	1.44	0.0	65	0.0	13	14.0	25.0	4.0	1.00	0.00
Noodles, Chow Mein '23	1/2 Cup	720	108	1	554	2.49	0.93	24.6	18	9.09	*2	3.69	17.97	3.14	0.50	*0.00
SALAD 3/WAY, '23	servings	720	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
BANANAS	1 EACH	720	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
DRESSING, RANCH 1oz. '23	ounces	720	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	720	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			590	67	1234	7.45	2.87	402.7	3597	24.61	*42	30.89	86.85	17.61	4.39	*0.00
											*28.7%	20.9%	58.9%	26.9%	6.7%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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**Rialto Unified School District**

**May 27, 2024 thru May 31, 2024**

Base Menu Spreadsheet

**PRESCHOOL**

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 05/30/2024																
PRESCHOOL	Total	1000														
PIZZA,PEP-WG-4X6 ARDELLAS-2013	1 EACH	1000	330	38	670	3.58	1.36	470.4	469	12.65	5	18.64	31.94	14.46	6.25	0.00
CARROT PS, sticks	Serving	2500	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
GRAPES,FreshPS	Serving	1000	15	0	0	0.21	0.07	3.2	23	0.92	4	0.14	3.94	0.08	0.03	0.00
DRESSING, RANCH .50oz	Servings	500	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			481	55	853	3.79	1.43	828.0	993	16.01	23	29.91	52.38	18.82	8.07	*0.00
% of Calories											18.7%	24.8%	43.5%	35.2%	15.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Fri - 05/31/2024																
PRESCHOOL	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	
Weighted Average			516	59	1046	5.86	2.62	577.0	1908	16.25	*31	31.24	67.17	17.18	5.87	*0.00
											*53.6%	24.2%	52.1%	30.0%	10.2%	*0.0%

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